## EDMONTON SPRINGBOARD & PLATFORM DIVING CLUB

## WINTER 2018 LEARN TO DIVE LESSONS at THE KINSMEN SPORTS CENTRE (9100 Walterdale Hill) or TERWILLEGAR REC. CENTRE (2051 Leger Road)

**REGISTRATION FORM:** (please print)

Family Name:	First Name:	Date of Birth: YYYY/MM/DD
Age: Sex:	Father's Name:	Mother's Name:
No./Street:	City:	Postal Code:
Home Phone:	Cell:	Alt. No:
Primary Email:	Secondary Email:	AHC No.

Please indicate your 1st and 2nd choices in case your preferred day is not available. Registration is based on a first come, first served basis as the program is very popular. The following are the class times at the Kinsmen Sports Center (K) or Terwillegar Rec. Center(T).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
☐ 5:15 – 6:45 (K - 10 wks)	□ 5:15 – 6:45 (K - 10 wks)	□ 5:15 – 6:45 (K - 10 wks)	☐ 5:15 – 6:45 (K - 10 wks)	□ 5:15 – 6:45 (K - *9 wks)	□ 10:15–11:45 (K - 10 wks)	□ 10:30-12:00 (K - *9 wks)
☐ 6:45 – 8:15 (K - 10 wks)	☐ 6:45 – 8:15 (K - *9 wks)	☐ 11:45– 1:15 (K - 10 wks)				
☐ 5:00 − 6:30 (T - 10 wks)		☐ 5:15 – 6:45 (T - 10 wks)		☐ 5:15 – 6:45 (T – *9 wks)	☐ 1:30 – 3:00 <u>ADULT(K 10wks)</u>	
☐ 6:30 − 8:00 (T - 10 wks)						

This session at Kinsmen Sports Centre, we will be <u>starting Saturday</u> <u>January 6<sup>th</sup></u> and will be offering a 10 week long program Monday – Sunday (\*9 week long program Friday and Sunday). At Terwillegar Rec. Centre, we are offering a 10 week long program starting on January 8<sup>th</sup> (Monday, Wednesday and Friday\*9 weeks).

Participants will be taught dive skills by nationally certified instructors who are or were themselves national diving competitors.

## **PROGRAM COSTS:**

The cost for 10 weeks, 1.5 hour lesson per week is \$265.00. The cost for 9 weeks, 1.5 hour lesson per week is \$235.00

\*Because our club also relies on bingo revenues to help keep the cost of the program affordable to everyone, we are looking for families to volunteer at bingos, which will help subsidize your cost of the Learn to Dive program. If you are interested in signing up for bingos please call the office for more information at 780 444-7301. Bingo credits range from \$65 to \$100.

**FAMILY AND MULTIPLE DAYS OPTION:** Full fees are charged for the first diver, \$30.00 discount will be given to each additional family member. This discount also applies to the same child attending more than one day per week.

Email: espdive@telusplanet.net

Each lesson consists of a session of strengthening, stretching and physical conditioning, a session on trampolines with high repetitions of skills possible, then onto the dryland diving boards (at KSC) with landing mats for another session of high repetition springboard skills. After this, the divers have an additional period in the water using diving boards ranging from ¼ meter, ½ meter, 1 meter and 3 meter learning to perfect their acrobatic diving skills. Report cards and badges will be issued during the session. You may also participate in recreational diving meets held throughout the season.

Website: www.espdive.com

## **MISSED CLASS POLICY:**

If a class has been missed due to <u>illness</u>, the diver may be able to make this class up at another time if space is available. In order for this to happen, the diver must first notify the office that they will not be able to participate in their regular lesson <u>before</u> their class has started. The diver can then arrange a make-up class by phoning the office at (780) 444-7301 to ensure there is a spot available on the day that they wish to do their make-up class. You will not be refunded for any missed classes.

AYMENT OPTIONS: (Please check the appropriate option)
I will be paying by cash or cheque for the <u>Kinsmen or Terwillegar session</u> .  Iease find enclosed \$265.00 (10 weeks) or \$235.00 (9 weeks).
I will be paying by post dated cheques for the <u>Kinsmen or Terwillegar session</u> . <b>The postdated option for 0 weeks is \$95 dated currently + two \$90 cheques dated for Feb. 1 and Feb. 15</b> (Total of \$275 which includes a \$10 post dated cheque processing fee). <b>The postdated option for 9 weeks is \$85 dated currently + wo \$80 cheques dated for Feb. 1 and Feb. 15</b> (Total of \$245 which includes a \$10 post dated cheque processing fee).
I am interested in <u>subsidizing my fees</u> by helping out at fundraising (bingos or a casino). For this option of ayment, your fees cheque(s) must be received <u>in full</u> and will be cashed. <u>Refunds will be issued once all ingos have been worked</u> . <b>As well a \$100.00 "Performance Cheque" * is required before signing up for ingos.</b> Please contact the office for more information regarding working bingos to subsidize your fees.
In the event that an individual fails to "Show Up" at a bingo or cancels without a replacement within seven ays of the bingo, a club fine of \$100.00 will be imposed as such an incident can result in a bingo association ne to our club or loss of a bingo event. Consequently an <u>undated</u> "Performance Cheque" for \$100.00 should e enclosed, which will not be cashed except in the case of such a penalty.
I AM AVAILABLE TO WORK DAYTIME BINGOS ☐ (11am – 4:00 pm) OR
EVENING BINGOS □ (5pm − 10:00 pm) OR LATE □ (5pm − 12am)
ANCELLATION POLICY: here is no refund after the 5 <sup>th</sup> class at either location. Prior to the 5 <sup>th</sup> class, two weeks written notice will be equired to receive a refund. Email will suffice for written notice. Children can attend classes during the two reeks following written notice of cancellation.  EMEMBER FOR YOUR REGISTRATION TO BE COMPLETE, WE MUST HAVE;
<ol> <li>Your cheque(s) for the 9 or 10 week session at Kinsmen or Terwillegar, (current + post dated cheques dated Feb. 1 and Feb. 15, 2018).</li> <li>Fundraising "Performance cheque" of \$100 (only if you plan on working bingos)</li> <li>Please make cheques payable to E.S.P.D.C. or ESP Diving Club)</li> <li>have read and understand my obligations indicated on the above form:</li> </ol>
ignature of Parent/Guardian or diver if 18yrs or older Date  OR MORE INFORMATION ABOUT THIS OR OTHER PROGRAMS OFFERED THROUGH THE FDMONTON

780 444-7301

Mailing address: 7 RIVER HEIGHTS DRIVE N.W. EDMONTON, ALBERTA, T6M 2R1
This form may also be dropped off at the Kinsmen Sports Centre in the drop box.(Please enquire about location)

Email: espdive@telusplanet.net Website: www.espdive.com

SPRINGBOARD AND PLATFORM DIVING CLUB, OR TO REGISTER PLEASE CALL: